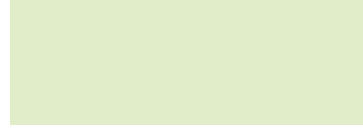


# MARCH 2022



# A MESSAGE FROM JAMIE

Happy March! I can't believe we're so far into the year already. I would love to invite you to take a minute to pray for the situation that we're seeing in Ukraine. I was able to sit with my Mum on Monday night after a meeting I had in the south-east and she just got so emotional, she said "I just can't keep watching the news and watching these older people—some of whom can barely walk—and they having to just pick what they can and leave, leave families, leave all of the people they know," and that just struck me so hard. I don't know about you but I'm tempted in situations like these to feel utterly hopeless and unable to do anything or affect any change, until I'm then reminded that our fight, our war, our struggles are not against flesh and blood, they're not against Putin or anyone else but against principalities and powers that are at work. As God's people we step into that reality and into that space where God is constantly at war for us and fighting for us and defending us, and we know the prayer can shift more than any democratic process, any movement, any weapons. Prayer can make a difference and it's the most powerful weapon we have, and it connects our heart to God.

Prayer:

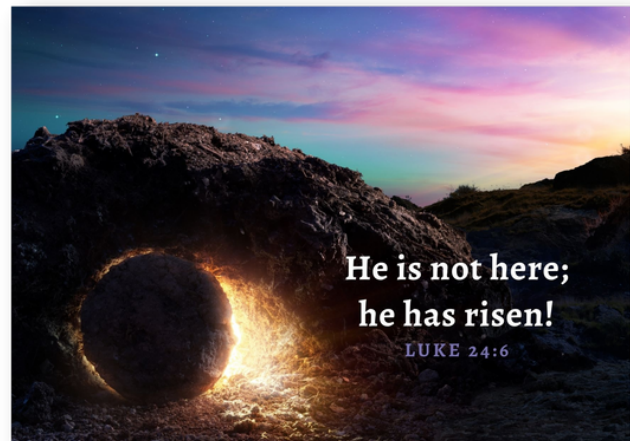
Lord Jesus, I come to you heartbroken and feeling helpless, God we cry out to you for change, for shift, for an end to this conflict. Whatever powers are at work in this situation we pray in the name of Jesus that they be broken and torn down. We pray that mothers will be reunited with sons, husbands reunited with wives, children will be able to put down guns, pick up pens and books, and learn to be children again. We pray for Ukraine, we pray for peace, and we pray to you, ruler of the heavens, would you intercede would you step in and would we see significant change, in Jesus name, Amen



# EASTER POSTCARDS NOW AVAILABLE

You can be a part of the Faith in Later Life Easter Postcard Project this year by giving a donation. Simply follow the instructions below. Thank you so much for your support, and we'd love to hear about how you are using your postcards.

We've also taken note of the feedback we received about writing on the cards themselves, so these Postcards are made with matt backing for use with any pen!



You can go to this link to find out more about how to do that:

## Easter Postcards

<https://faithinlaterlife.org/resources/easter-postcards-2022/>

Each Pack of Easter Postcards will come with 5 cards.

We suggest a donation of:

£3.50 - 1 Pack

£6.00 - 2 Packs

£15.00 - 5 Packs

If you require assistance with making a donation please call 0300 303 8405. Our address is 175 Tower Bridge Road, London SE1 2AL.

**If you would like Easter Postcards, but are unable or would rather not donate, you can still order by contacting us at [info@faithinlaterlife.org](mailto:info@faithinlaterlife.org)**



# I GIVE UP LENT REFLECTION

Lent is upon us, but this year giving something up feels very different, it's impossible not to think of everything we've given up over the last couple of years. We've given up time with friends and family, holidays and days in the sun, weddings and funerals. What about hope? When Jesus encountered the enemy in the desert, the Devil tempted Jesus to give up:

"Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. After he had fasted forty days and forty nights, he was hungry. Then the tempter approached him and said, "If you are the Son of God, tell these stones to become bread." (CSB) Matthew 4:1-3

Too many times to count over the last couple of years we've been told, or we've told ourselves, "Just another month/lockdown/holiday, then this will all be over and things will finally get back to normal." Time after time we've been wrong. Jesus' response to this same temptation, the temptation to place our hope in earthly things, even important things like food or family, is really helpful for us in times like these.

He answered, "It is written: Man must not live on bread alone but on every word that comes from the mouth of God." (CSB) Matthew 4:4

Jesus saw past His immediate need to eat, and to the greater hope. As we enter Lent, we may not be giving something up this year, but we know what it's like to have done so. What we may have forgotten, however, is to focus on every word which comes from the mouth of God. This week, can I encourage you to take some time to focus on the Lord, on what he's done for you, and on what's ahead. We all know what it's like to hope for something which never came to pass, but as Christians, we believe we have a hope which can never be shaken. Let's focus on the latter this Lent.

**Adsum Ravenhill** is married to Anna and together they are passionate about seeing men and women discipled within the context of the local church. You can find Adsum through his writing at [The Raven's Writing Desk](#).

