

Praying for my neighbour



Prayer can change everything!

Have you thought about praying for your neighbours?

This could be an outside prayer walk or praying from the comfort of your own home. Here are some ideas to help you

PRAYER WALKING

- **Whilst walking to the shop or post box**
- **Walking the Dog**
- **A daily 5 minutes in the fresh air**

Whilst walking look at the houses around you (without looking into people's windows). Imagine the people behind the closed doors and the half closed blinds. Even though you may not know your neighbours pray for peace and safety in their homes, pray for comfort and joy whether they are experiencing good or difficult times.

Pray that God's Holy Spirit will cause them to look to Jesus.

INDOOR NEIGHBOURHOOD PRAYING

Take yourself to a quiet place in your house and look out of the window. Intentionally look at the homes around you and pray for the people behind those doors, people you know and people you don't.

Pray for the street, name the street out loud and pray for protection and peace to be upon the street where you live. Pray for the children and young people in school, colleges and universities. Pray for those who work and those who are unemployed. Pray especially for the older adults on your street that they will know they are not alone. and pray for others to see them and encourage them.



**Faith in
Later Life**

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A prayer for our neighbours

Lord and Father,

We thank You for the lives of our loved ones and neighbours living in later life. We praise You for their experiences, and for the wisdom and love they have shared with us. We ask that You surround them with your comfort and peace, Bless and comfort every older person, remove fears and loneliness, and may they feel your powerful but gentle closeness.

We pray that Your Church would be mobilised by compassion to all Your people, particularly those living in later life. Inspire us to see the beauty and benefit of being in relationship and sharing life with our older neighbours who have much to teach us.

Help us to be more aware and mindful of other's needs, and grant us motivation, compassion to reach out and offer support to those who need us. Encourage those who care for older people with patience and strength.

May we always honour and cherish the generations that came before us.

In the name of Jesus Christ we make our prayer.

Amen

